



Cleaning Instructions

Mask / Nasal Pillows / Tubing (Weekly):

- Disconnect the mask and head strap.
 - Hand-wash the mask and the head strap in warm water with a mild dish washing detergent.
 - Do not use bleach, alcohol, cleaning solutions containing alcohol, or any strong household cleaners. Do not use cleaners containing conditioners or moisturizers.
 - Rinse under warm water.
 - Air dry (never dry with paper towels).
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Filter (weekly)

Permanent – Foam

Detach filter.
Wash in mild detergent.
Rinse well.
Dry thoroughly.

Disposable

Do not wash.
Replace 1-3 months.

CPAP / BiLevel Machine (weekly):

- Unplug unit.
 - Wipe with damp cloth and mild detergent.
 - **Never immerse in water.**
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Humidifier Cleaning (weekly; if using distilled H2O):

- Unplug unit before cleaning, and be sure that it is dry before plugging back in.
- Empty remaining water from reservoir.
- Fill the reservoir with warm, soapy water and shake vigorously (use mild detergent).
- Rinse thoroughly

Humidifier Disinfection (weekly; if using Tap/Spring H2O):

After washing with mild detergent (see above instructions)

- Soak chamber in 1 part white vinegar with 10 parts water for 10 minutes.
- Rinse thoroughly to remove the vinegar and water solution.
- Air dry.
- Replace every 6 months

DISTILLED WATER IS RECOMMENDED FOR USE WITH ALL HUMIDIFIERS
